



Brain Friendly TRAINING *keeping a head above the rest...*



REVISION TIPS FOR TRAINERS/EDUCATORS:

“Great revision creates long term retention”



Tip 1 – THINKING OUTSIDE THE DODECAHEDRON

Take a soccer ball and write topics from your training content on each panel.

At the end of the session, have participants sit in a circle and throw the ball to one of them.

Wherever the RIGHT thumb of the catcher lands, that person has to give a 1 or 2 or 3 answer reply to any question you ask on that particular topic.

They then throw the ball back to you and you choose another catcher.



Tip 2 – PRE-TEST CHEATING CHALLENGE

Ask groups to work together on completing a pre-test or knowledge self-assessment before new material is presented.

Tell them to cheat like mad, using any resources they can. If there is a test at the end of the course, give the ‘final exam’ right at the beginning.

This alerts their RAS brain, and embeds foundational knowledge on which to place their new learning blocks throughout the following workshop.



Tip 3 – COCKTAILS & QUESTIONS

This is a great revision tool to use just prior to a break.

Provide the group with a question or a statement you want them to complete.

Put on some background music and have everyone stand and mime holding a cocktail glass and ask them to ‘mingle’.

With each new guest they meet they must either ask the question for the other guest to answer or complete the statement eg: “The most interesting thing I learned in that last session was ...”, or “One thing I am definitely going to include in my work now is ...”. Give

them 1 minute each before signalling them to change guests. Variations on this are endless—have fun with it.



Tip 4 – REVIEW THE NEW

Assign groups the task of 'reviewing' some aspect of the learning. They can design a game, an activity, anything that helps their colleagues to embed the material, and then present it to all.

REMEMBER: FUN = HIGHER ENERGY, EXCELLENT ENGAGEMENT, BETTER LEARNING AND LONGER RETENTION



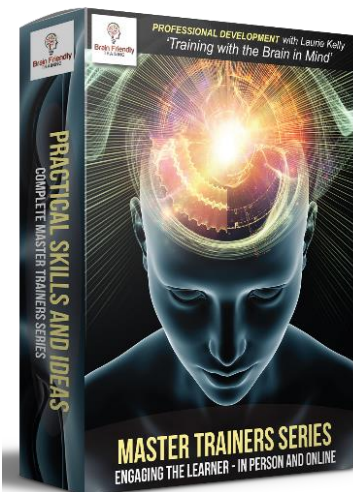
Tip 5 – REVIEW THE NEW

Ask groups to design challenging questions covering any of the material on the course.

They then ask these of a 'rival' group or team, in a game show type format.

'Rules' are that the team posing the question must have a really good answer prepared, and that only 'fair' questions that will help people learn are admissible. There are many variations on this theme—have fun.

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